

A study of some factors affecting the problem of drug addiction in Gharbia Governorate

Taman, Amr Muhammad

Tanta Univ. (EGY). Fac. of Med.

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This work aimed to study some factors affecting the problem of drug addiction in Gharbia Governorate and to recommend measures to be taken for combating this alarming problem. This study revealed that more than half the study sample started addiction during their teenage. The majority lived in disturbed home atmosphere or belonged to broken families. In urban and rural areas, depressants were the main drugs abused by the study sample. The majority of addicts are either illiterate or can just read and write. Nervousness, generalized weakness and depression were the main complaints followed by headache, insomnia and sexual troubles. The main cause of addiction, as reported by medical students, was bad friends. Cannabis was the most common drug. Knowledge of the medical students was insufficient regarding hazards of addiction, symptoms related to addiction, withdrawal symptoms, preventive measures and lines of treatment