

The effectiveness of psychodrama and role play for treatment of inpatients with heroin addiction

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Role play and psychodrama techniques were used as an integral part of therapeutic community for the treatment of inpatients with heroin addiction in AL-Amal Hospital Riyad (KSA). 60 patients were participated for 6 months in the program. The findings indicated that there is a significant difference between participant and non- participant groups in emotional states, insight and social skills. Also, it indicated that these methods help members to confront the problem, express feeling and increase group interaction and cohesion ; this was useful for the treatment team in facilitating their clinical work. Using these methods assisted them to diagnose and to follow up the progress of recovery and formulation of suitable treatment programs