

The challenge of treatment anxiety-depression in neuropsychiatric practice

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Anxiety and depression are very commonly coexistent. Either of them could be primary and the other is secondary or both occur together. All types of anxiety disorder could mix with depression leading to different clinical pictures and variable prognostic evaluation. Comorbid anxiety and depression lead to poor treatment response which needs a special care in the management. The probable etiology of comorbid depression and anxiety could be genetic, familial or specific life events. Different neurotransmitters are possibly involved in causing symptoms.