

Body dysmorphic symptom among psychiatric illnesses

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The aim of this work was to study and the rate of distribution of body dysmorphic symptoms in patients with psychiatric illnesses. Twenty patients with these symptoms from 1200 psychiatric patients were selected, most of them were single and not working. Body dysmorphic symptoms were present in 12 cases with non-psychotic disorders. The BD symptoms were found mainly in the face area and head. Depressive traits were found in 95% of the cases as shown by Guilford battery scale. Tailor anxiety scale showed that 50% of the cases had high scores and 45% had severe scores. Yale brown obsessive compulsive scale showed a high score in 30% of the cases and by Eysenck personality questionnaire, 90% of the patients had a high score on neuroticism scale.