

Cognitive disorders in elderly Egyptians

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This study aimed at studying the prevalence of cognitive impairment among elderly Egyptians. This study included 130 elderly subjects divided into two groups. The first group of elderly was living in the community, while the second group was living in elderly nursing homes. The results of the study showed that the rate of cognitive impairment in Egyptian elderly was comparatively high with a higher prevalence rate among the elderly living in the nursing homes. There was also a high percent of sick elderly people in nursing homes, who receive no psychological and a minimum physical treatment. Thus, the study indicated that both physical and psychiatric services should be applied for elderly pre and post admission to the nursing homes.