

Polysomnography : A new modality in evaluating sleep disorders in children

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In this study, polysomnographic recordings were obtained from 21 children with severe sleep disturbances [rhythmic movement disorders in four children, obstructive sleep apnea syndrome (OSAS) in five children, nocturnal enuresis in five children and other parasomnias in seven children]. One of the four children with rhythmic movement disorders proved by polysomnographic records (EEG) to have nocturnal frontal lobe epilepsy, while three out of the five children with clinically suspected OSAS met its polysomnographic criteria.