

New frontiers in the management of social anxiety disorder : Diagnosis and treatment

El-Feqi, Muhammad R.

Ain-Shams Univ., Cairo (EGY). Fac. of Med.

Annual Congress of Psychiatry. Cairo (EGY). Mar 19-21, 201

Social anxiety disorder (SAD) is a chronic prevalent and disabling psychiatric condition, that if left untreated can interfere with the normal development of social, personal and work relationships. The study investigated its demographics, typology, components, differential diagnosis, co-morbidities and gender related differences as well as the various effective available therapeutic options. A competent comprehensive clinical approach, to the understanding of SAD which offers the potential to improve treatment selection and therapeutic outcomes, was considerably identified.