

Quality of life, depression and anxiety in pseudotumour cerebri

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The objective of this study was to detect the psychosocial impact of pseudotumor cerebri (PTC) and compare the levels of depression, anxiety and quality of life in women suffering from PTC (n = 25) with a control group of women matching in age and weight and another control group also matching in age but with normal weight. All subjects completed a questionnaire to elicit the general information and the common symptoms of

PTC, in addition to three standard questionnaires including Beck depression inventory (BDI), state-trait anxiety inventory (STAI) and SF-36 health survey for the quality of life aspects measurements. Patients with PTC reported severer levels of depression than both control groups and higher levels of anxiety in the trait form inventory than the normal weight controls. The physical aspects of QOL did not show a significant difference with weight-matched controls, but were different from the normal weight controls. On the other hand, the patients differed significantly from both groups in the mental aspects. Moreover, a significant decrease in mental summary scores was noticed with increased levels of both depression and anxiety in patients with PTC.