

**Study of risk factors predicting the co-morbidity between bipolar disorder and anxiety disorders
in a sample of Egyptian patients**

Qandil, Hanan Mahmoud

Alex. Univ. (EGY). Fac. of Med.

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The present work was aiming at assessing the comorbidity between bipolar disorder and anxiety disorders and to try to identify risk factors that may lead to or increase this comorbidity and the impact of this comorbidity on bipolar disorder especially concerning important points such as severity of the attack, suicidal attempts and compliance to treatment. The study was conducted on 150 patients, meeting the

DSM- IV criteria for bipolar disorder, aged 17-57 who were co-operative and were able to complete the assessment. Patients with any known organic brain disease or who met the DSM IV criteria for schizoaffective disorder or those who could not complete the assessment due to the severity of their attack were excluded from this study.