

Clinical epidemiological study on minor tranquilizers use in Cairo and Red Sea governorates

Abdel-Maqssoud, T. E. Supervised by Shaalan, M. M. El-Demerdash, A.

Al-Azhar Univ., Cairo (EGY). Fac. of Med.

Thesis ; M.Sc. 1984

This study was performed in the Faculty of Medicine, Al-Azhar University during the period 1983-84. It aimed to measure the minor tranquilizers use in Cairo and Red Sea governorates. Two samples were assessed using self- administrated questionnaire : The first constituted 834 patients (males and females) from out- and inpatients of Al- Hussien Hospital at Cairo and the second constituted 123 patients (males only) from Red Sea Governorate. The results showed that the prevalence of minor tranquilizers use was 20.48% of Al-Hussien Hospital patients and 18.25% of Red Sea governorates patients. It was concluded that the problem of minor tranquilizers use among medical patients needs more attention and further research.