

Review of different intervention ways of prevention and management of smoking behavior and survey study to test the effectiveness of nicotine substance on a sample of smokers

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This work was carried out in the Faculty of Medicine, Al-Azhar University during the period of 1987-88. It aimed to study the efficacy of nicotine substance on a sample of smokers. Thirty-four smokers were observed during and after receiving nicotine for three months. The results showed that 26.47% of the sample stopped smoking. It was concluded that large scale controlled studies are needed to evaluate this drug.