

Clinical study on a sample of Egyptian substance abusers

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This study was conducted in the Faculty of Medicine, Al-Azhar University during the period 1982-83. This work aimed to study the various factors which contribute in the preference of certain substance over the others and that lead to the change in the type of the abused substance in the community. A case-control study was done. An assessment of two groups (cases) was done : The 1st consisted of 20 hashish abusers and the 2nd consisted of 20 Max and Motolon abusers (which represent the change in the type of the abused substance in the community in the last few years) in comparison with two control groups. The results showed that the psychological, environmental and pharmacological factors play an interacting role in the type of abused substance. It was concluded that multidimensional approach should be considered in the assessment of substance abusers, as each case has its peculiar circumstances.