

Quality of life of schizophrenic and mood disorder patients : Role of Day Center

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This study aimed to test the hypothesis that psychosocial day center program will improve outcome and quality of life of patients suffering from schizophrenia, bipolar I disorder or major depression. Moreover, the study attempted to detect the psycho-demographic data that mediate the effect of day center program on the outcome. Fifty-eight patients attending outpatient clinic related to 59 patients attending day center of Abu Dhabi New Psychiatry Hospital were studied. They were diagnosed according to DSM IV criteria using SCID I and assessed by PCASEE, SCIDI, beck depression inventory, beck Rafaelsen Mania scale, brief psychiatric rating scale and GAP scale. Then, the patients were subjected to same scales after three months and again after six months. The study showed that the day center has a role in improving the quality of life of the chronic mental patients both subjectively and objectively.