

Life events and depression in an Egyptian sample of patients

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This work aimed to study and compare the impact of life events into subjects, suffering from depressive illness. The control group was assessed using GHQ to exclude the presence of psychiatric morbidity. An assessment of the life events and difficulties during the six months preceding the onset of depressive disorder was done using life events and difficulties schedule. Events concerning interpersonal relationships were the most frequent type of events in both male and female patients. Marital events were the second commonest in females, while work events occupied the same order in males. Financial difficulties were the most frequent ones in both male and female patients. The majorities of depressive episodes are provoked by severe events and marked difficulties. This is more in non psychotic depression compared with the psychotic one.