

The outcome evaluation of bipolar mood disorder in a sample of Egyptian patients

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The aim of this thesis was to study the different types of the outcome of bipolar mood disorder and probable predictors of the outcome. All selected cases were subjected to structured clinical interview to check the diagnosis of bipolar mood disorder. In case of manic episode, the severity of the episode was determined by Bech-Refaelsen Mania scale. In case of depressive episode, the severity was determined using Hamilton depression scale. To evaluate the different types of outcomes, the following scales were used : The global assessment of function scale, quality of life scale, modified vocational status scale and modified location codes index. The results showed that 52.5% of patients get symptomatic recovery, but 47.5% get syndromal recovery. Only 25% returned back to baseline in occupational and residents status scales, so they were considered of a good functional outcome.