

Admission outcome of Egyptian schizophrenic patients : A retrospective study after five and thirty years

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This work aimed to identify the outcome of Egyptian schizophrenic patients, before the era of neuroleptics and other recent medications, who have been admitted for the first time and as near as possible from the time of onset after 5 and 30 years of the time of their first admission to a mental hospital.

All notes of all patients admitted during the period from 1930 to 1934 (1887 case notes, with the exclusion of case notes, the rest was 703 case notes) were reviewed in the current work. The operational criteria for clinical assessment of the outcome at two intervals (5 and 30 years) were studied.

Findings of the five years outcome showed that 13.7% of 37.4% had a good outcome, while 22.9% and 39.77% exhibited fair and bad outcomes, respectively.

The 30 years outcome results differed remarkably. 27% died during their admission and only 15% of the living subjects denoted a good outcome, while 60% and 25% had fair and bad outcomes respectively.