

Investing in mental illness

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In the last few years, the enormous burden of mental illnesses became evident to the world ; however mental health professionals should collaborate to deliver evidence base facts to public and policy makers.

YLD according to DALYS reported that six of ten diseases are mental illnesses ; namely, depression, alcohol dependence, BAD, schizophrenia, OCD, drug abuse and to less extend dementia with the increase in the elderly population. Mental illnesses are expensive disorders with direct, indirect and intangible costs. In developing countries, direct cost tend to be low, while indirect costs due to disabilities account for larger proportion of the economic burden of mental illnesses.

Investment include finance and human Resources, which is expected to provide Services, which is more effective and more human, avoiding disability and premature death ; so increase productivity and lower the net cost of illness with better quality of life.