

Does religion and culture have an impact on depression?

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**Ain-Shams International Congress in Psychiatry : Towards Global Patient's Care. 3rd. Luxor (EGY).
Mar 5-6, 2007**

Ethnicity, culture, religion and socioeconomic factors contribute to the prevalence, causation, clinical presentation and outcome of depression.

Numerous findings indicate that different religious groups might differ in their expression of depressive symptoms.

Religious practice is associated with lower rates of depression and good outcome.

Depression in Arab patients is characterized by more somatic symptom, less depressed mood, scarcity of guilt feelings and less suicide rates. Finally, it is important to emphasize on integrating religion with psychiatric practice for the better outcome and welfare of the psychiatric patients.