

Comparative study between psychotherapy and phonetic therapy in the management of children with stuttering

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The objective of this work was to compare between two common treatments of children with stuttering, i.e. the phonetic treatment and the psychotherapy treatment. Three groups were collected, each one consisted of twenty properly matched. They were assessed properly as regards IQ and severity of stuttering using two methods : The first is calculated of stuttered syllable (55%) and the second is the measurement of rate of syllables spoken perminute SMP.

Finally, the presence or absence as clinical severity of involuntary movements associated with stuttering was examined. The three groups were reassessed by the same measures after six months. The results showed that the first group that was treated with phoneatric methods had shown similar significant improvement on the 55% and SMP, while second group that was treated with psychotherapy and family counseling improved on associated involuntary movement.

The third group that was not subjected to treatment showed no change on any measurement.

The results were discussed.