

Recent life events, family, job and social stressors in relation to anxiety and obsessive compulsive disorders : A comparative study

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The aim of this work was to assess the role of life stressors, social support and life events in anxiety and OCD. The study sample included 45 patients with clinically diagnosed anxiety and 25 patients with OCD diagnosed according to DSM-IV criteria.

Control subjects (N = 45) consisted of close relatives of the selected cases. Data were collected through structured interviewing. Life stressors and resources were assessed through a standardized questionnaire (LISRES-A) by Rudolf H. Moos (1994). Data were analyzed using one-way analysis of variance, with least square deviation (LSD) multiple range test for inter-group comparisons or the non-parametric Kruskal-Wallis test when needed.

The results were presented in details.