

Cognitive styles in obsessive compulsive disorder : A study in an Egyptian sample

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The present study was designed to highlight the different cognitive styles in a sample of Egyptian patients suffering from OCD. 25 patients fulfilling ICD-10 criteria of OCD in addition to 15 matched controls have been assessed through the following scales: dysfunctional attitude scale DAS, checklist of positive and negative thoughts and cognitive style test.

Results showed significant differences in all scales between OCD patients and controls indicating more negative and dysfunctional cognitive styles in obsessive-compulsive patients. Common cognitive errors between OCD, other anxiety disorders and depression are to be suggested for further future comparative studying.