

Caregiver burden among schizophrenic and obsessive compulsive disorder families : A comparative study

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Current Psychiatry. Ain Shams University (Print)

2005 v12 n1

The present study compared the burden of care between the key relatives of patients with obsessive compulsive disorder (OCD) and schizophrenia.

For this study, consecutive key relatives of patients with either OCD (n = 30) and schizophrenia (n = 41) were evaluated. In comparison schizophrenia group, caregivers in OCD group had significantly high mean scores for such domains, spouse relation factor and caregivers strategy of burden assessment schedule (BAS). The degree of burden, evidenced by mean scores was comparable between groups for other domains of BAS. Spouses and unemployed caregivers in OCD group had significantly elevated mean total burden scores.