

Psychiatric morbidity and somatic symptoms in patients with functional dyspepsia : A comparative study with duodenal ulcer patients

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The aim of this work was to study the prevalence of psychiatric disorders and somatic symptoms in patients with functional dyspepsia and in comparison with those of duodenal ulcer disease. One hundred consecutive FD patients and the same number of DU patients were selected at their routine consultation at the outpatient's clinic.

Patients were subjected to full history, complete clinical examination, laboratory investigations, esophagogastroduodenoscopy and psychiatric evaluation through general health questionnaire (GHQ), hospital anxiety depression scale (HADS) and structured psychiatric interview (PSE10). The study showed that psychiatric disorders are strongly associated with functional dyspepsia that warrants psychiatric intervention that may benefit FD patients, especially those with chronic symptoms.