

Cognitive styles in obsessive compulsive disorder

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The present study was designed to highlight the different cognitive styles in a sample of Egyptian patients suffering from OCD. Twenty-five patients fulfilling ICD-10 criteria of OCD, in addition to 15 matched controls have been assessed. The results showed significant differences in all scales between OCD patients and controls indicating more negative and dysfunctional cognitive styles in obsessive-compulsive patients. Common cognitive errors between OCD, other anxiety disorders and depression are to be suggested for further future comparative studying.