

Anxiety, depression, somatization and psychiatric morbidity in rural Minia

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This work was carried out to determine the prevalence of anxiety, depression and somatization and psychiatric morbidity in a population sample of rural Minia.

A random sample of 325 subjects was approached to be interviewed using anxiety, depression and somatization subscales of SCL-90 and GHQ-30. The study concluded that mental health problems are common in rural areas, with uneducated females being the most affected population.