

Social phobia in secondary school and university students : An Egyptian study

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The aim of the study was to test the hypothesis that social phobia is prevalent among Egyptian adolescent people but sufferers do not seek medical help. In addition, it attempted to determine the prevalence of social phobia in school/university student, delineate characteristic symptom profile, socio-demographic correlates and the effect on quality of life.

Social phobia was assessed in 555 secondary school students who were selected from randomly chosen 2 schools districts in Cairo representing different socioeconomic states. From each district, 3 schools were randomly selected ; one for girls, one for boys and one mixed school. Also, 106 and 97 students from the faculty of medicine and commerce, respectively, were included in the study. The results were presented in details.