

The relation between aggressive behavior, depressive and obsessive symptoms in a sample of Al-Azhar University students

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This work aimed to study the relation between aggressive behavior and the depressive and obsessive symptoms in a sample of Al-Azhar University students. A pilot study was conducted and 409 male students in Al-Azhar University were selected from the student's dormitory of the university. They were subjected to Hand test and symptom check list for depression and obsessive symptoms. The diagnosis based on DSM-IV criteria. The prevalence of OCD was found to be 3.01% while depressive disorders were found in 7.23% of the studied sample. There was no clear relation between aggressive behavior and socio-demographic background of participants such as age, residency, type of study and family size. A strong positive correlation was found between the aggressive behavior and depressive symptoms; meanwhile, there is no relation between aggression and obsessive symptoms. aggressive behavior is related to depression rather than obsessive symptoms in the studied sample.