

Psychiatric morbidity in wives of substance users in an Egyptian sample

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This work aimed to detect the different types of burden that face wives of substance users as well as to prevent and manage the morbidities detected.

The studied sample consisted of 120 wives of substance users and an equal number of spouses of non addict husbands was chosen as the control group.

Family and past psychiatric history was excluded.

The study concluded that the spouse of substance users are experiencing burden related to the illness of their husbands, as many of them showed significant high level of adjustment disorder, major depressive disorder and anxiety disorder. So, it is important to involve the addict's wives in the plan of management of their husbands to interfere with their psychiatric morbidity.