

Sexual dysfunction and relation to used drugs and smoking in a sample of chronic schizophrenic patients

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The aim of this study was to measure population and to ascertain the frequency of sexual dysfunctional problems in a sample of schizophrenic patients receiving antipsychotics compared with non-schizophrenic control group and to determine the possible underlying mechanisms. After approval and according to certain

criteria, a sample of 120 schizophrenic patients and an equal number of normal controls were included in the study. Their socio-demographic data were recorded, history taking, mental state examination, illness duration, type and duration of treatment with evaluation of prolactin hormone level. Finally, sexual dysfunction was assessed for all participating subjects using gender specific sexual functioning questionnaire (SFQ) and sexual behavior questionnaire (SBQ).

The study concluded sexual dysfunction in schizophrenic patients reported in much higher rates than general populations, both men and women with schizophrenia are commonly expected to have a different pattern of sexual dysfunction, which needs to be addressed freely especially for married patients. Clinicians should routinely enquire about any symptoms of sexual dysfunction and to manage according to the situation for achievement of high quality of marital life.