

Body dysmorphic symptom among psychiatric illnesses

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Body dysmorphic symptoms can be manifested in various psychiatric illnesses. It is classified in DSM IV as a somatoform disorder (body dysmorphic disorder).

The aim of this work is to study and find out the rate of distribution of body dysmorphic symptoms in patients with psychiatric illnesses.

Twenty patients (1.7%) with these symptoms were found out of 1200 psychiatric patients, their mean age was 32.5 years " 9.29. Most of them were single and not working. Body dysmorphic symptoms were present in 12 cases (60%) with non psychotic disorders (OCD, social phobia) and 8 cases (40%) with psychotic disorders (delusional disorder, and schizophrenia). The BD symptoms were found mainly in the face area and head. Depressive traits were found in 95% of cases as shown by Guilford battery scale.

Taylor anxiety scale showed 50% of cases had high scores and 45% had severe scores. Yale Brown obsessive compulsive scale showed high score in 30% of cases and by Eysenck Personality Questionnaire 90% of patients had high score on neuroticism scale.