

Anxiety disorder in a sample of Egyptian adolescents : A psycho-demographic study

Aukasha, A. Beshri, Zainab. Ragheb, K. Saif-El-Dawla, A. Aukasha, T. Muhammad, S.

Current Psychiatry. Ain Shams University (Print)

1999 v6 n3

The aim of this work was to survey the prevalence of anxiety symptoms in adolescents in preparatory and secondary schools as well as to evaluate the importance of age and pubertal stage in explaining the occurrence of various patterns of anxiety disorders in adolescents. An attempt was also made to understand the link between puberty and various psychosocial factors involved in the occurrence of anxiety symptoms in adolescents in order to implicate the methods of prevention according to the obtained results. A survey of anxiety symptoms in adolescents was conducted in a community sample of 795 preparatory and secondary school students of both sexes selected from 6 governmental schools. A comparison was drawn between the sample with high anxiety scores and a control group matched for age, sex and educational level. The results of the study were presented in details.