

Burnout syndrome among Saudi medical residents : A controlled study

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This study aimed to investigate residents burnout among different medical specialties. Maslach burnout inventory forms had been fulfilled by 71 residents from 8 different medical specialties. All residents were from Saudi Board Program. The study concluded that junior medical residents are the least who suffer from burnout, followed by senior medical residents. Obstetrics, gynecology and surgical residents are the most suffering category from burnout symptoms among all specialties included in this study. Numbers of working hours, number of on-calls per week and residents who live away from their places of work are issues need to be discussed with the decision makers.