

## **Motives for substance use disorders : A trans-cultural study**

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The aim of this study was to compare between the Egyptian and Saudi cultures regarding to the causes and the socio-demographic data in substance abusers of these two countries. Thirty-two abusers from Mecca and Jeddah, Saudi Arabia, were chosen randomly, their mean age was 33.6 + or- 13.6 years old. Another 32 abusers from Alexandria, Egypt were also chosen randomly, their mean age was 25.3 + or- 6.4 years. There were 9 females as benzodiazepine abusers in the Saudi sample, substance abuse causes questionnaire

was applied on every abuser participated in this study. More than one third of abusers were students. Mean values of cognitive, emotional, somatic causes and total scores of the scale were not significantly different between Egyptian and Saudi samples. The Egyptian abusers showed a significant abuse of opioids, while the Saudi abusers abused benzodiazepines and stimulants significantly more than the Egyptian abusers. The drivers or causes of substance abuse are similar in Egypt and Saudi Arabia. Egyptian abusers abuse opioids more than the Saudi abusers, while Saudi abusers abuse benzodiazepine and stimulants more than Egyptian abusers.