

Burnout syndrome among resident physician in Suez Canal University Hospital

Yousuf, E. M. Husni, A. O. El-Sayed, O. E. Aly, E. G.

Current Psychiatry. Ain Shams University (Print)

2006 v13 n1

The objective of this study was to determine the prevalence of burnout among residents and explore its demographic perspectives. Eighty-four residents were studied.

Burnout was measured by the Maslach burnout inventory and was defined as scores in the high range for medical professionals on two or more of the subscales.

An inventory developed for this study assessed self-reported sources of stress in job setting and involvement with people. The study concluded that burnout was common among resident physicians and mainly related job setting and involvement with people.