

The practice of electroconvulsive therapy (ECT) in a sample of Egyptian patients

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This study was carried out on 544 patients admitted to the Psychiatric Health Resort in New Cairo over a period of one year. Three hundred and ninety-nine patients receiving ECT received a total of 2866 ECT sessions. From these, 2866 ECT sessions, 2734 sessions were given bilaterally and 132 sessions were given unilaterally.

All psychiatrists should be acquainted with ECT and be able to present the treatment to the patient and his/her relatives in a knowledgeable and scientific manner in order to reduce the stigma and transmit the fact that it is no longer shock or convulsive treatment.