

Prevalence of depression among the aged Egyptian Community

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This study aimed to investigate the prevalence of depressive symptoms and depressive disorder among the aged population, the correlation between depression and physical disability, psychosocial stresses and functional status and the common presentation of depression among the aged Egyptian people residing in the community. The current study included 194 aged subjects, recruited from the district called El- Nahda City. The study subjects have been operationally defined as people equal to or more than 50 years of age. The study concluded that there is a high prevalence of depression among the aged Egyptian population that is correlated to several psychosocial, economic and medical variables. It is obvious that a reconsideration of the pension support and health insurance systems, social, medical and mental health services is needed to face such a problem.