

Prevalence of depression among residents living in elderly homes in Cairo

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The current study aimed at the estimation of the prevalence of depression among elderly in elderly homes and risk indicators of depression. A cross sectional study was conducted on 60 elderly (60 years and over) from 5 elderly homes in different cities in Cairo using the Arabic Version of Geriatric Depression Scale 15 items (GDS-15).

The prevalence of depression was 55% in the whole group, 40% in males and 62.5% in females.

No statistically significant relation between depression and income, education, marital status, duration of stay, and diseases like hypertension, diabetes mellitus, cerebrovascular stroke, renal and hepatic diseases.