

Prevalence of depressive symptoms and major depressive disorder among adolescent students in Minufiya Governorate

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This epidemiological study investigated both depressive symptoms and major depressive disorder in adolescents in Minufiya Governorate and identified any significant trends associated with their occurrence. A stratified random sample of 1030 adolescent students from 20 schools were administered a questionnaire requesting demographic information, besides children's depression inventory, Beck's depression inventory and semistructured psychiatric interview. 8% of the studied students were found to have depressive symptoms, while only 5.1% were found to have major depressive disorder. Depression was 1.6 times more likely to occur in females than males. The prevalence rates of depressive symptoms and disorder among adolescent were found to be variably affected by residence, socioeconomic status, death of parents, parent's divorce, family history of psychiatric disorders and substance use disorder.