

Assessment of functional disability in activities of daily living and health perception among elders in El- Mahsama Village

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This study was done to determine the functional disability in activities of daily living (ADLs) and instrumental activities of daily living (IADLs) among elderly in El-Mahsama village and identify risk factors, which may be related to them. Cross sectional descriptive study among elders attending primary health care from El-Mahsama village, a rural area of Ismailia Governorate. Studied group were 276 elderly who were > 60 years of age. Structured interview, assessment scales for disabilities in activities of daily living. The 276 participants were aged 60 years and older with 44.2% male and 55.7% female most of them were over 60 in age group 60-69. 38.4% of the study population were have functional limitation, while 61.6 were without affection of their activities of daily living. It was found that about 63.5% of the elderly population perceives their health as good, while 36.5% perceive their health as poor health. 14.1% of the study population was without any disease and about 31.1% of them had hypertension, while those with osteoarthritis were 5.8% and 19.5% had DM