

Study of depression among elderly diabetics

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This study aimed to assess the relationship between DM and depression in elderly. A case control study was performed on 90 elderly aged 60 years and older. They were divided into three groups : 1st group as a control group (30 subjects), 2nd group included 30 elderly diabetic patients with no other co-morbid disease and 3rd group 30 elderly diabetic patients with other co-morbid disease. The ninety elderly were subjected to comprehensive geriatric assessment. The study showed that diabetic elderly patients had a higher percentage of depressive symptoms compared to control elderly subjects. No statistically significant difference was found between diabetics and diabetics with co-morbid disease regarding presence of depressive symptoms although a higher percentage was found among diabetics with co-morbid disease.