

Outcome of schizophrenia : A ten-year study of a sample of Egyptian patients

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The objective of this study was to assess the syndromal and functional outcomes and predictors of outcome in a sample of patients with schizophrenia 10 years later. The sample included 75 patients aged 18-55 years, with a diagnosis of schizophrenia according to DSM-III-R criteria, admitted in a private hospital in Cairo, Egypt in 1989. Their hospital records were examined, diagnosis was reviewed and the patients were interviewed to determine their overall outcome, actual occupational and residential statuses (functional outcome), their clinical outcome as well as their quality of life.

The possible predictors of outcome were detected. The study concluded that than one third of patients with schizophrenia had a good/fair overall outcome at 10 years, 25.3% had favourable functional outcome and 28% were symptom-free at follow up (clinical outcome).