

Panic disorder : Personality profile and comorbidity in a sample of Egyptian patients

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Panic disorder with or without agoraphobia is a common mental disorder, with severe handicapping consequences. Etiology is not exactly known. The objective of this work is to probe the etiology or more accurately the early psychopathology of persons with panic disorder (P.D). The Method: of this work was to study thirty patients with (P.D), collected from psychiatric out patient clinic in general hospital and thirty normal individuals matched with the first group as regards gender, age and social class. Comparison was done as regards their personality traits and mental symptoms psychometrically and other clinical relevant data. Our results: revealed that PD patients have more prevalent family history of PD and other mental disorders. Also they have more early separation anxiety disorder and more losses during their early life and more life events prior to their onset of PD. Traits of avoidant personality disorder and dependant personality disorder were also evident in PD group. Results: were discussed with their implication on treatment of PD.