

Study of risk factors of post-partum depression : Cross cultural perspective

Mahmoud, Muhammad Abdel-Lattif

Ain-Shams Univ., Cairo (EGY). Fac. of Med.

Thesis ; M.D. 1999

To identify risk factors for development of post partum depression taking cultural aspect into consideration.

Case control (cross-cultural study) Tools used were: Composite international diagnostic interview (CIDI) Semi-structured questionnaire for assessment of possible risk factors of postpartum depression.

Women in this study were married ,Muslims, of different educational level and aged between 22-26 year.

Most common causes of postpartum depression are (postpartum blues-polygamy-guardian unemployment-marital problems-undesired infant sex being teenage) Postpartum depression is the same medically but different culturally according to the following risk factors:(family history of psychiatric illness-cesarean section-guardian unemployment-hormonal contraceptives-marital problems-polygamy-not breast feeding-poor social support-postpartum blues-premenstrual tension syndrome-primipara-teenager-undesired infant sex-unwanted pregnancy)