

Psychiatric complications of female sterilization

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Aim of the work: To examine a sample of women at the time of referral for sterilization and 3 months after the operation, in order to assess their mental state. 1. Method: 30 women coming for sterilization, 30 women on oral contraceptive pills, and 30 controls without known psychiatric or physical illness are submitted to an inquiry about present history of psychiatric illness as well as HAS and Haldreath Scale for mood, and EPQ before and 3 months after the operation. Cases of psychiatric illness are diagnosed by Egyptian Diagnostic Manual of Psychiatric Disorders (1979). Results: Psychiatric morbidity among women who asked for sterilization by tubal ligation reaches 26.7%. Psychiatric illness declines from 26.7% to 20% 3 months after the operation. Three months after the operation, cases of anxiety neurosis decline from 16.7% to 10%, and depressive neurosis from 6.7% to 3.3%. Conclusion: Psychiatric morbidity among women who asked for sterilization by tubal ligation reaches 26.7%. Psychiatric illness declines from 26.7% to 20% 3 months after the operation.