

Prevalence of depression in a sample of Egyptian secondary schools female students

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The aim of this study is to estimate the prevalence of depressive disorder in Egyptian secondary school female students, and to estimate the sociodemographic correlates in the study population.

The study was school based cross sectional randomized study. 602 female students participated in the study. The assessment tools include Structured Clinical Interview for DSM- IV-TR Axis I Disorder, Children Depression Inventory, Hamilton Rating Scale for Depression, General Health Questionnaire and Fahmy and El Sherbiny Social classification.

The prevalence of depressive disorder was 13.3% of the sample distributed as 5% had sub threshold depressive symptoms 5% had major depressive disorder 3.3% had dysthymic disorder.

The majority of depressed students had deteriorated academic achievement, lack of outdoor activity and positive family history of psychiatric illness.

The high prevalence of depressive disorder in female students and many risk factors affecting adolescent depression.