

Panic disorder : Personality profile and co-morbidity in a sample of Egyptian patients

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The aim of this study is to probe the etiology or more accurately the early psychopathology of persons with panic disorder (P.D).

Thirty patients with P.D were collected from psychiatric out patient clinic in general hospital and thirty normal individuals matched with the first group as regards gender, age and social class. Comparison was done as regards their personality traits and mental symptoms psychometrically and other clinical relevant data. PD patients have more prevalent family history of PD and other mental disorders. Also they have more early separation anxiety disorder and more losses during their early life and more life events prior to their onset of PD. Traits of avoidant personality disorder and dependant personality disorder were also evident in PD group.