

**Mood changes affecting husband and wife
in postpartum period
: Epidemiological and risky factors study**

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The aim of this study is to assess the mood changes affecting both parents during postnatal period. This study included 200 postpartum women and their partners with no age, social class and educational class limitation. Participants were subjected to socio-demographic assessment, obstetric history assessment and psychiatric assessment to detect depression by Edinburgh Postnatal Depression Scale and detection of elation by Highs questionnaire. Depression is found in 12% of postpartum mothers and 11% of their husbands. Elation is found in 9% of mothers and 1% of partners. There is a significant association between mother's depression and caesarian type of delivery, unreceived anti-natal care and late age of women, There is a significant association between mothers elation and positive past psychiatric history, late age, unreceived antenatal care and rural residence. There is highly significant association between father depression and father late age, negative attitude of fathers and diseased mood of mother. Postpartum depression and elation in mothers and fathers is common and is determined by psychosocial and socio-demographic factors.